

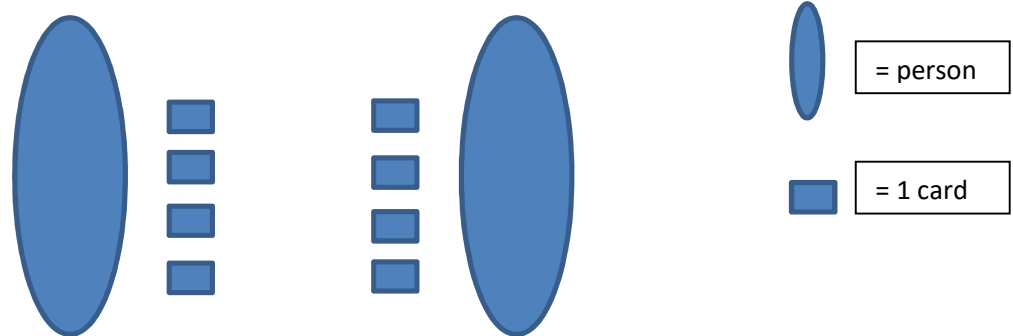


## Yoga Poses Card Game

What You Need:

- Kids Yoga Stories [Yoga Poses for Kids Cards \(Deck One\)](#) or
- Kids Yoga Stories [More Yoga Poses for Kids Cards \(Deck Two\)](#)

Sit on the floor, facing each other, and deal five cards to each player, like this:



Each player takes a turn flipping over one card from his or her own row of cards.

The player who flips over the card showing the child in a pose becomes the “owner” of that card. Once the keyword match for the pose card is flipped over, all the players do the pose and hold it for ten seconds. The player who flipped the matching card hands it over to the “owner” of the pose card, and the game continues until all the cards are “owned.”

Each player should always have at least five cards. Each time a pair is found, the player who hands over the matching card draws another card from the deck.

If you have both flipped over all of your cards without finding a matching pair, then take turns drawing from the deck. The player with the most pairs wins.

Example with cards:

Player 1 flips over the Seated Twist Pose Card, then Player 2 flips over the Deer card from his deck. Together, both players do the Seated Twist Pose and count to 10. Player 2 gives his Deer card to Player 1, and the game continues.

