



A Kids Yoga Stories Thanksgiving Yoga Sequence
Eight Kids Yoga Poses in Eight Minutes

Thank You, World

by Alice McGinty & Wendy Anderson Halperin

I am grateful for the ...

Sun and Sky – Extended Mountain Pose

Birds – Warrior 3 Pose

Trees – Tree Pose

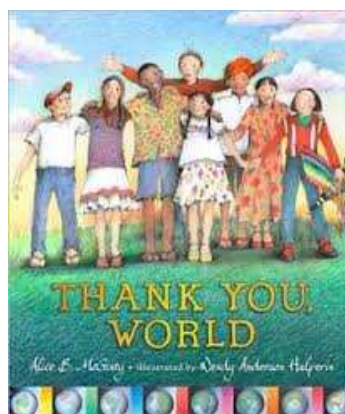
Kites in the Breeze – Triangle Pose

Rain – Standing Forward Bend

Flowers – Flower Pose

Moonlight – Easy Pose

Stars in the Sky – Resting Pose



Read more at <http://www.kidsyogastories.com/thanksgiving-yoga>