



A Kids Yoga Stories "5 X 5":
Five Poses in Five Minutes

A TRIP TO BALI



Sun – Sun Salute

Surfers – Warrior 2 Pose

Balinese Dancers – Dancer's Pose

Monkeys – Squat Pose

Volcano Agung – Downward-Facing Dog Pose

Villagers Praying at the Temple – Hero's Pose

